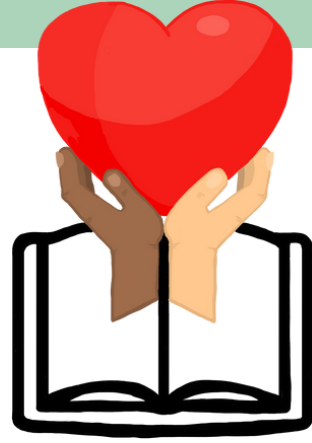


Health Fluency Project

Supporting the health of non-native English speakers in Boston and Beyond

Welcome!

The Health Fluency Project is a student-led initiative that aims to improve health literacy and communication in non-native English speaking communities in Boston and beyond. This newsletter is to keep you up to date with our mission!



Big Updates!

In light of incredible interest in workshops for this year, the Health Fluency Project team has expanded!

- This month, we have reached **13 total partner sites** across the country, from San Jose, CA to Cleveland, OH, to Boston, MA, with many more partner sites and initiatives coming soon.
- The HFP team has welcomed **14 new Project Leads**, each dedicated to a partner site, as well as 10 new volunteers.
- HFP has been accepted into the Harvard Institute of Politics **GovLabs**, an incubator for early-stage, high social impact startups!
- HFP has been invited to present at the **National Research Conference at UPenn** in early October regarding our novel youth-driven, technology-enforced approach to promoting health literacy.
- HFP has been invited to present at the **Health Literacy Annual Research Conference (HARC)** hosted by Boston Medical Center in late October.

Workshops

- **First Workshops of the Semester!**
 - BPL - Chinatown
 - BPL - Grove Hall
- Topics ranged from communicating symptoms, emergency/911, and pain



Recent Advancements

- **To date, we have reached over 3,700 people across more than 50 countries!**
- Working closely with multiple communities throughout the country for new initiatives and projects
 - Onboarding initiatives underway for more project leads, youth leaders throughout the country dedicated to making a difference in their own communities.
- Collaboration with The Northside Refugee and Asylum-Seeker Coalition based in Chicago, IL.

Upcoming Projects

- Finalizing recruitment and partner sites/chapters
 - More project lead applications being reviewed and proposals being made
- More Infographics/Handouts underway!
- Development of individual health literacy workshop assessment tools.
- **Establishing 501(c)(3) status—paperwork filed**

thank you for tuning in!

we'll catch you next time.
— the health fluency project



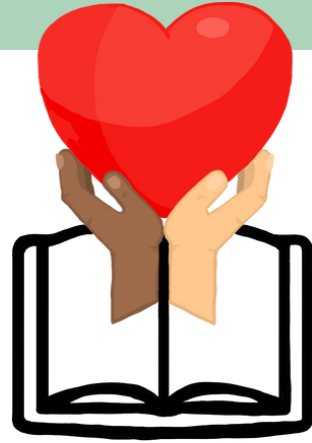
September, 2024

Health Fluency Project

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HFP Team Updates!

In light of incredible interest in workshops for this year, the Health Fluency Project team has expanded!

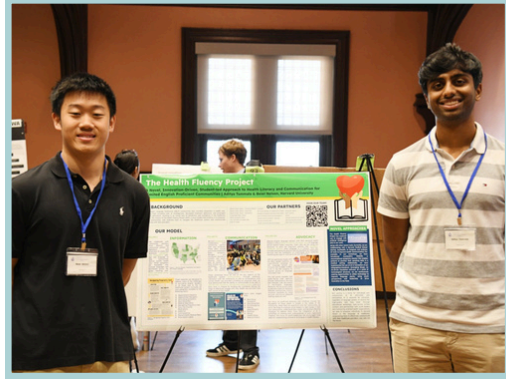
- This month, we have reached **13 total partner sites** across the country, from San Jose, CA to Cleveland, OH, to Boston, MA, with many more partner sites and initiatives coming soon.
- The HFP team has welcomed **16 new Project Leads**, each dedicated to a partner site, as well as 10 new volunteers.

Recent Advancements

- To date, we have reached over **3,850 people** across more than **50 countries!**
- Working closely with multiple communities throughout the country for new initiatives and projects
 - Onboarding initiatives underway for more project leads, youth leaders throughout the country dedicated to making a difference in their own communities.
- Workshops at BPL-Chinatown, RIAN Immigrant Center, Cambridge Public Library, Seeds of Literacy (Cleveland, OH)

Presenting our Work!

HFP had the opportunity to present our novel, student-led and technologically driven approach to addressing community health literacy at the National Research Conference @ Penn early this month



A screenshot of a presentation slide and a Zoom meeting interface. The slide on the left has a white background with a red heart icon above an open book icon. The text on the slide reads: "The Health Fluency Project", "A Student-Led, Community Centric Approach to Improve Health Literacy and Communication in Boston and Beyond", and "Beier Nelson & Aditya Tummala, Harvard University". The Zoom interface on the right shows a list of participants: "HARC Speaker", "Aditya Tummala", "Beier Nelson", "Mary Politi", and "Anthony McKnight (PHA...)".

HFP also was an invited panelist and presenter at The Health Literacy Annual Research Conference (HARC)

Upcoming Projects

- Finalizing recruitment and partner sites/chapters
 - More project lead applications being reviewed and proposals being made
- More Infographics/Handouts underway!
- Development of individual health literacy workshop assessment tools.
- Establishing 501(c)(3) status—paperwork filed

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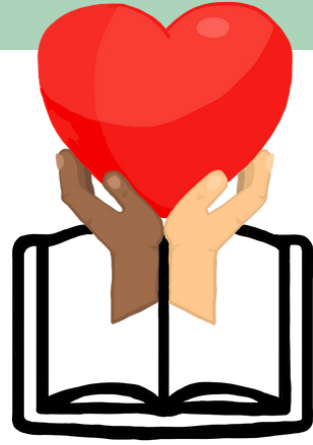
October, 2024

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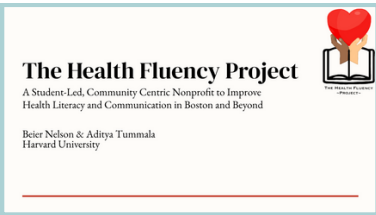


Recent Advancements

- To date, we have reached over 4,000 people across more than 50 countries!
- Working closely with multiple communities throughout the country for new initiatives and projects
 - Onboarding initiatives underway for more project leads, youth leaders throughout the country dedicated to making a difference in their own communities.
- Outreach efforts for new volunteers underway

Presenting our Work!

HFP had the opportunity to present our approach at the final round of the GovLabs Social Impact VC Pitch Competition!



thank you for tuning in!

we'll catch you next time.

— the health fluency project



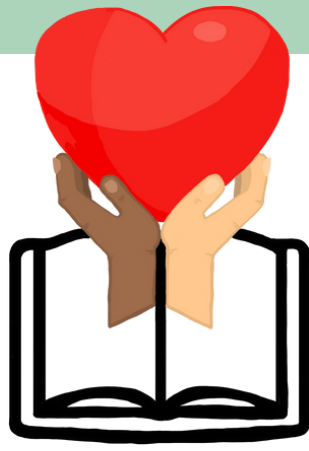
November, 2024

Health Fluency Project

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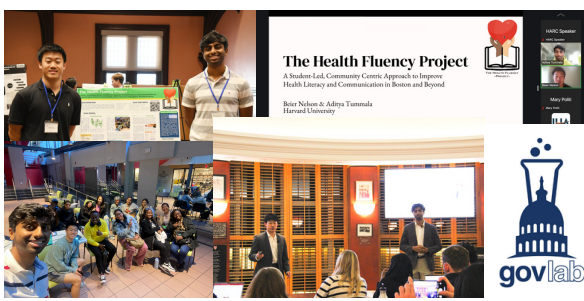


Recent Advancements

- To date, we have reached over 4,200 people across more than 50 countries!
- Working closely with multiple communities throughout the country for new initiatives and projects
 - Outreach efforts for new volunteers underway
- Exciting new projects underway and tools being developed
 - Leveraging recent advances in LLM technology to change the field of health literacy research
 - Exploring unique disparities in healthcare

This Year

This year has been an incredible one for the Health Fluency Project—thank you for joining us in our journey!



Bridging the Gap: The Health Fluency Project

International Youth STEM Society · Follow
3 min read · Sep 18, 2024

Innovative Ideas for Using AI in Health Literacy (HIOL #245)

by Helen Osborne | Mar 1, 2024

Aditya Tummala and Beier Nelson are Co-Founders and Executive Directors of The Health Fluency Project. Their goal is to use AI (Artificial Intelligence) and other technology to help dismantle barriers that prevent people from accessing health services. Tummala is an undergrad student at Harvard College studying Biomedical Engineering. His primary focus is on socioeconomic disparities that act as health care barriers in rural and marginalized communities. Nelson is also an undergrad at Harvard College. With a dual concentration in Molecular & Cellular Biology and Government, he is looking at community-based barriers to care.



The Health Fluency Project

How two Harvard students are increasing the health literacy and communication skills of non-native English speakers to improve health outcomes
By [Beier Nelson](#), Student, Harvard College and [Aditya Tummala](#), Student, Harvard College

thank you for tuning in!

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