

# WHAT TO BRING TO YOUR APPOINTMENT

A list of all your current medications

- Include prescriptions, over the counter drugs, supplements (including natural/herbal), vitamins, & eye drops
- Be sure to list the dosage & frequency of each medication

Medical Insurance Card

Your driver's license, state-issued photo ID, or passport

Your medical records

- You only need these if your doctor doesn't already have them

The names and phone numbers of other doctors you see

A list of all your symptoms

A list of health questions and concerns

A notepad and pen

A family member or close friend as support

Interpreter/Translator

- You may choose to bring an interpreter you trust if it helps you feel more comfortable, however the hospital will provide one for you too.

