

Health Fluency Project

Supporting the health of non-native English speakers in Boston and Beyond



THE
HEALTH FLUENCY
PROJECT

Welcome!

The Health Fluency Project is a student-led initiative that aims to improve health literacy and communication in non-native English speaking communities in Boston and beyond. This newsletter is to keep you up to date with our mission!

Quick Updates!

- New Website (and new logo design!)
 - AI-Driven Practice Tool with Voice feature for practicing physician-patient interactions and clinical visits!
 - Allows workshop attendees to practice asynchronously
- Educational Materials
 - Reached over **7,000 people across 70+ countries!**
 - **18 HFP Published Infographics/Handouts**
 - **Additional 9 Materials from Community Collaborations**
 - Added Korean translations to 7 pamphlets (Caroline, Harvard Chapter PL)
- Advocacy/Policy Work
 - The MA Language Access and Inclusion Act
 - Update: H.3384 (*Language Access and Inclusion Act*) has been merged into H.5085/S.5085, *An Act Significantly Alleviating Poverty*
 - Written testimony from HFP Case Western Chapter in advance of 7/1 hearing

HFP Expanding!

- Welcome new Project Leads Aidan (Harvard), Anthony (UVA), and Arnav (UNC)!
- Expanding partner site collaborations in Boston and beyond
 - If your organization is interested in our work, reach out to us at **healthfluencyproject@gmail.com!**

Practice a doctor's visit before the real one.

Practice describing a symptom, answer follow-up questions, and leave with a downloadable transcript you can review later! This tool simulates a basic primary care or generalized doctor's visit. See [appointment navigator](#) for a note-taking guide that can make appointments easier!

THIS TOOL IS FOR PRACTICE ONLY!

- Not intended for diagnosis or prescribing.
- Not medical care nor medically approved advice.
- Not HIPAA compliant, only intended for practice.
- Sessions are deleted immediately after transcript download or page refresh.
- If you are experiencing an emergency, please call 911 immediately.

A new Large Language Model-driven practice tool with integrated voice and translation/interpretation features was created for anyone who wants to practice a clinic visit before their real one!

The tool is open-access to the public and can be found at:
healthfluencyproject.org/practice

Chat, Chat
 Type to the doctor and read replies on screen.

Chat, Voice
 Type to the doctor and hear replies spoken aloud.

Voice, Chat
 Speak your answers and read the doctor's reply.

Voice, Voice
 Speak naturally and hear the doctor respond aloud.

Begin Practice Visit

IHA Conference Feedback

On May 12, 2026, HFP Co-Executive Directors Aditya and Beier gave an oral presentation titled, **"Integrating Artificial Intelligence in Language Access and Health Literacy"** at the **IHA's 25th Annual Health Literacy Conference**, highlighting the current landscape and potential implementations of AI tools to enhance health literacy and communication. **217 attendees** completed an evaluation of the presentation, with the results listed below.

- **95.4%** attendee satisfaction with workshop presentation
- **94%** of attendees agreed/strongly agreed that the workshop helped them increase their knowledge about the different types of AI and how they can be implemented to advance health literacy.
- **82.5%** of attendees agreed/strongly agreed that the session increased their confidence in applying health literacy strategies.
- After the workshop, attendees reported plans to **share the HFP AI conversational practice tool** and **implement AI tools in their own health literacy programs**.

We remain excited to leverage the power of AI to advance language access and health literacy and build spaces for conversation and idea generation to work towards a future where everyone can access the care they need, regardless of the language they speak.

thank you for tuning in!
 we'll catch you next time.
 — the health fluency project

