Health Fluency Project

Supporting the health of non-native English speakers in Boston and Beyond

Welcome!

The Health Fluency Project is a student-led initiative that aims to improve health literacy and communication in non-native English speaking communities in Boston and beyond. This newsletter is to keep you up to date with our mission!



Empowering Information

- Nine physician-reviewed infographic handouts created with translations in English, Mandarin, Haitian Creole, Ukrainian, and Spanish.
- To date, we have reached over 1,550 individuals across 38 countries!





Improving Access

- This year, we have had 10 total workshops across our partner sites
- Served over 115 individuals throughout the greater Boston area
- First organization to implement AI tools in health literacy workshops

Al Health Partnership

- Partnership with AuxHealth, a
 Harvard Medical School AI
 startup, on Arora, a health assistant
- Studying the use of AI in health literacy of non-native English speakers.
- AI doctor that can assess, diagnose, and recommend treatment options, just like a doctor's visit.



Implementing use of AI tools in workshops such as AuxHealth's Arora to better patient-doctor communication

Achievements for the Year

- 10 workshops reaching 115 people across the greater Boston area
- Resources reached more than 1,500 people across 33 countries.
- 9 infographics created and available in 5 languages
- Working with MassSpeaks Coalition and regional partners to pass legislation expanding language access (Bill H.3084)—reported favorably and moving through Massachusetts legislature
- AI Health partnership, implementing AI tools in health literacy
- Awarded Harvard iLabs accelerator support
- Received major grants from Harvard Institute of Politics and The Harvard SOCIAL Challenge.

Upcoming Projects

- Further workshop and infographics collaborations coming soon!
- Academic Contribution working to publish literature in the field in collaboration with regional partners
- Establishing 501(c)(3) status!

This has been an incredible year and we would love to express our deep gratitude to those who supported us and believed in us along the way. This project could not have gone from passion to execution without the collective commitment and compassion of the health literacy community—for this we are incredibly grateful.



Sincerely,

The Health Fluency Project